



Glenhaven Private Preschool Newsletter

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WELCOME

Welcome back. We hope that everyone had a happy and safe holiday. All the children are settling in well to the daily routines and transitions at preschool.

The Easter concert was a wonderful experience for all and a clear demonstration of how far the children have come in a very short space of time.

We are looking forward to a productive second term with many varied and interesting themes and activities going on.

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FACEBOOK

Glenhaven Private
Preschool
Facebook Page.
Like us on
Facebook
for our latest
updates, news
and reminders.

DATES TO REMEMBER

Monday 30th April
Term 2 Commences

Sunday 13th May
Mother's Day

Monday 21st May
School Readiness
Night

Monday 11th June
Queen's Birthday

Monday 4th June to
Friday 15th June
Book Fair

Monday 18th June
to Friday 22nd June
Sausage Sizzle Week

Monday 25th June
to Friday 29th June
Photo Week

Friday 6th July
Last day Term 2

BOOK FAIR

Our annual Scholastic Book Fair will be starting on Monday 4th June. This is a good way to obtain valuable home library resources for your child whilst supporting the preschool. Our preschool receives 25% of total sales in books which will benefit the children.



SCHOOL READINESS INFORMATION NIGHT

If your child is starting school or you are having doubts about whether he/she is ready to start, come along to our School Readiness Information Night. Our guest speaker will be Cathy Barclay, the Deputy Principal from Samuel Gilbert Public School.

Date: Tuesday, 22nd May

Time: 7.30pm



EASTER RAFFLE

Thank you to all who bought raffle tickets. Congratulations to Yvonne Back (Joshua and Oliver Pulvirenti's Grandma) who won the Easter Raffle Prize.

We raised a total of \$500, which will go to **towards our East Timor Project** and sent to Sister Helen Nolan at the end of the year.

(See noticeboard near locker entrance for more information). Your generosity is very much appreciated. Thank you



SAUSAGE SIZZLE WEEK



This term we will be organising a sausage sizzle on each day of the second last week. During this week, the children will be asked to bring a gold coin or whatever you would like to donate. With all the monies going to support our East Timor project. More information to follow.

STAFF NEWS

Miss Chris has left us due to personal reasons. We wish her all the very best for the future. Miss Davina will be teaching in the Wombat room on a Tuesday and Thursday.

On a very exciting note we would like to take this opportunity to say Congratulations to Miss Eliza who is expecting her first child during October this year!!!!

ELLA PROGRAM ... Ciao!

ELLA (Early Learning Language Australia) is a fun, digital, play-based language learning program for children in preschool. Children in the Koala and Kangaroo Rooms have begun to learn Italian through fun applications ('apps'). The program is an Australian Government initiative aimed at encouraging more students to study language. The children have really enjoyed this program so far and have begun to use Italian words in their play! This term the children will be learning colours and numbers in Italian.

JOLLY PHONICS

Staff attended a training workshop on Jolly Phonics on Wednesday 2nd May. Jolly Phonics is a multi-sensory synthetic phonics program that teaches children the five essential skills needed for reading and writing. Jolly Phonics will become a part of our curriculum.

OUR PROGRAM

We had a great Term 1 with everyone settling in really well from our Kangaroo, Koala and Wombat groups. There is always a little apprehension with some children but as they become familiar with the preschool environment, their confidence grows and friendships begin to form which is wonderful.

During Term 2, our topics of interest are based on observations made of the children and their interests. Children are encouraged to participate in 'News time'. It helps build confidence, develop language skills and listening skills. We encourage children to share experiences or things that are special to them during news time.



SOCIAL INTERACTIONS AT PRESCHOOL

At preschool children learn about friendships. They learn about negotiating and sharing behaviours. Children develop skills in give and take and being aware of others. Friendships can change as children grow and develop. Social interactions at preschool are often confused with 'bullying' when in fact children are developing their social skills. Educators always support children and provide them with strategies to make informed choices about their behaviours and interactions with others.



LIBRARY BOOKS



Last term we had several books missing which weren't signed out. Please check at home in care you've accidentally borrowed a book without filling out the borrowing card. The books we have missing are the following:

No	Title
2	Dad
14	The Skier
20	Four Ice creams
24	My Best Bear
39	My Baby Brother
45	We Make Pizza
147	I Like That Horse
192	The Clown
200	Poor Puppy



FACEBOOK AND DAILY JOURNAL PHOTOS

Please be aware if you copy a photo of your child from our Glenhaven Private Preschool Facebook page and Daily Journal, please ensure it **does not** include any other children other than your own.

We do not want group photos reposted on any social media. We respect the privacy of others. Thankyou for your understanding.

MY FAMILY LOUNGE

My Family Lounge is where you can access your child's profile including the Daily Journal. If you have not received an email to enable you to log in, please let Eliza or Davina know. We will check we have your correct email address. This email will come from [do not reply@qikkids.com.au](mailto:do_not_reply@qikkids.com.au). Please check your junk box as it may have been rejected as an unknown contact.

CLOTHING

Please ensure your child has a spare set of 'warm' clothing now that the weather is becoming cooler. Please label all items of clothing including shoes, socks and hats.



FOOD

We promote healthy eating. Children will be encouraged to eat their sandwich/savoury food in their lunch box first. If a child does not wish to eat, they will not be forced to do so. What is not eaten, is always sent home. Families have been doing a great job of providing fresh fruit for the children's meals, the children just love their fruit. **Please do not send chips, biscuits, chocolates/lollies etc.**

DRINK

We offer children water at morning tea and lunchtime. Please DO NOT send juice, poppers or cordial to preschool. Water only in your child's drink bottle.

Why is physical activity important for infants and young children?

Physical activity is vital for a child's development and lays the foundation for a healthy and active life. Early childhood services are ideally placed to foster the development of good physical activity habits early in life and to encourage families to engage in regular physical activity.

The benefits of being active for young children include:

- *promoting healthy growth and development
- *helping to achieve and maintain a healthy weight
- *building strong bones and muscles
- *improving cardiovascular fitness
- *improving balance, coordination and strength
- *maintaining and developing flexibility
- *improving posture
- *assisting with the development of gross motor and fine motor skills
- *providing the opportunity to develop fundamental movement skills
- *helping to establish connections between different parts of the brain
- *improving concentration and thinking skills
- *improving confidence and self-esteem
- *relieving stress and promoting relaxation
- *providing opportunities to develop social skills and make friends
- *improving sleep

Please view the newsletters for some worthwhile information.

Fact Sheet



GET ACTIVE EACH DAY

Physical activity is an important part of being healthy. Being active:

- builds strong bones and muscles
- is a good way to make friends
- improves balance
- helps children keep to a healthy weight.

Every day toddlers and preschool children should:

- be physically active for at least 3 hours, spread throughout the day.
- not be sitting for more than 1 hour at a time.

Physical activity can be done in small amounts over the day.

Your child can start slowly and then do a little more each day.

Help your child be more active

- Turn off the TV and go outside to play.
- Play together.
- Get active as a family.
- Go for a walk to the local park.
- Go for a bike ride together.
- When buying gifts for your children, choose ones they can use to be active eg bats and balls.
- Let them try a range of activities.
- Let them choose activities that they enjoy.

Turn off the TV and get active!

- Your child should spend no more than **1 hour** a day watching TV, DVDs or playing computer games.
- Help your child to be active in as many ways as they can during the day.
- Find active indoor and outdoor games for your child to play instead of watching TV.
- Limit the amount of time your child spends playing computer games or on the internet by using a roster or timer.
- Do not have a TV or computer in your child's bedroom.

When being active remember to:

- Wear safe and stable shoes.
- Wear sunscreen and a hat when outside.
- Drink plenty of water.
- Have fun.



For more information and ideas on healthy eating and physical activity go to www.healthykids.nsw.gov.au

MAKE HEALTHY NORMAL



SHPN (CPH) 170477 © NSW Health

BUSH LEARNING CENTRE

We are excited to introduce our Bush Learning Centre. The Bush Learning Centre is a unique and wonderful learning opportunity for children to establish more environmental awareness. This is in keeping with STEM philosophy (Science, Technology, Engineering and Mathematics) of encouraging children to learn through the natural environment, by children learning through their own exploration and curiosity.

Children and educators work together to participate in learning experiences in our bush area which is on the preschool property. This area is developing into a wonderful learning space where children and educators engage in meaningful learning opportunities that are flexible and open-ended. It is wonderful to watch the children engage with nature and all the natural resources on offer. Open discussions are promoted with educators and children alike sharing their ideas and interests.

The children love being out amongst the bush and looking for objects and insects. They have also discovered the small creek that runs at the back of the property, allowing them a great opportunity to explore the habitat and the vegetation that grows along the creek.

The natural environment provides many learning opportunities not available indoors. Some children engage more with this type of environment as it feels less restrictive, more spontaneous and provides a calmer learning environment. Under careful supervision, the children are becoming more confident in taking risks, becoming resilient and problem solving.

We believe that by providing a variety of experiences, children become confident and involved learners. We always aim to provide children with a safe, secure and stimulating environment.

So many wonderful learning opportunities on offer in our bush learning centre!!!!

All children must have their own pair of gumboots to leave at preschool.





If I Had My Child To Raise Over Again



If I had my child to raise all over again,
I'd build self-esteem first and the house later.
I'd finger paint more and point the finger less.
I would do less correcting and more connecting.
I'd take my eyes off my watch and watch with my eyes.
I'd take more hikes and fly more kites.
I'd stop playing serious and seriously play.
I would run through more fields and gaze at more stars.
I'd do more hugging and less tugging.

Diane Loomans

SCHOOL TERMS AND PUBLIC HOLIDAYS 2018

Term 1	Monday 29 th January to Friday 13 th April Friday 30 th March – Good Friday Monday 2 nd April – Easter Monday Tuesday 25 th April – Anzac Day
Term 2	Monday 30 th April to Friday 6 th July Monday 11 th June – Queen's Birthday
Term 3	Monday 23 rd July to Friday 28 th September Monday 1 st October – Labour Day
Term 4	Monday 15 th October to Wednesday 19 th December